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Psychokinesis (PK) Myths

by

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The PK Zone: A Cross-Cultural Review of Psychokinesis

This book includes stories of PK from around the world from ancient times on, the experimental research, and what the experience is life for those who do it.

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(Note: Psychokinesis is mind over matter.)
Myths about Psychokinesis

Only a few "special" people can do PK. In fact, it appears to be a universal, if sometimes latent and often weak, ability. Anyone can do it.

Confidence is necessary to success. This seems to be true only for people who are performing in public or in front of a hostile audience (often the same thing).

A person can do ESP but not PK. Current parapsychological thought is leaning towards the idea that ESP and PK are not separate abilities, but the same thing. If you can do one, you can do the other.

PK is a dangerous power. Many people unnecessarily fear PK. For most, it is a minor ability, which is used (consciously or unconsciously) to meet out needs. Centuries of literature show that even poltergeist agents rarely harm others—usually only property is damaged, and that in extreme situations.

More PK Myths...

People can use PK to attack you. Evidence from investigations into curses and psychic healing demonstrates that the individual must accept the harm/healing for it to have an effect. Healing is impaired if the patient doesn't want to get better. Harm is enhanced if the victim of the curse knows about it, is afraid of it, and obsesses on it. In either case, you can block PK if you want to.

Science tells us PK is impossible. Quantum theory in physics started the shift to a new paradigm, based on nonlocality. This concept would be very compatible with psychic phenomena.

Fraud is bad. Although fraud must be eliminated from any experiments, it can actually be quite helpful in "priming the pump" of getting large scale PK, such as table tipping or sitter groups.